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Lawsuit. Forever21



► Forever 21's "scratch print" blouse, left, is similar to Feral Childe's "TeePee" design, right.

Identifying a pattern of theft?

Two young women who run a Manhattan-based clothing company are suing Forever 21 for what they say is the theft of one of their designs. Feral Childe charges up to \$375 for the pretty print — Forever 21 charged \$15. (page 06)

Miracle pilot Sullys LaGuardia trash plan

► Sullenberger critical of mayor's idea to put garbage facility near airport
► Says it will attract geese (page 02)

The Word

Will Bravo go on with show after death?

► 'Real Housewives' husband
commits suicide (page 10)



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1

In the news

Second
Second
Ave. Deli

What's better than one Second Avenue Deli? Two! Upper East Side residents now have a new place to get their matzo ball soup. The New York institution opened a second outpost yesterday on First Avenue at 75th Street. The other location is on 33rd St. ● METRO/CB

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PEACH SANDWICH



Trash near airport reeks of crash risk?

► Hero pilot says garbage facility near LaGuardia is bad idea ► Bloomberg argues that FAA approval means it's safe ► But Sully says don't tempt fate

BOUC CARTER/AF/GETTY IMAGES



► The trash plant has been approved by the Federal Aviation Administration, but an airline safety group has sued to block it.

What it felt like

NEW YORK. Feeling birds sucked into an engine at 3,200 feet is a feeling no one should encounter, Sullenberger told Metro.

"This instantly became an ultimate challenge of a lifetime," Sully said.

"I knew as it happened and why and what that meant for us," he continued. "When those big birds went through the core of the engines, they lost thrust very quickly, almost within seconds, and it was shocking. It felt as if the forward momentum of the airplane had stopped. It was unlike anything I'd ever experienced."

Mayor Michael Bloomberg and Captain Chesley Sullenberger are butting heads over whether a proposed garbage facility next door to LaGuardia Airport will attract dangerous flocks of birds to the city's already congested airspace.

The city is planning to build a 100-foot-high garbage facility within a half-mile of the airport's runways, to open in 2013. "Nobody thinks it's going to attract geese," Bloomberg said confidently.

But Sullenberger, who famously guided U.S. Airways Flight 1549 to safety on the Hudson River after it took

"When you look at how busy that runway is every day of the week ... even things that don't happen very often eventually will happen." SULLENBERGER

off from LaGuardia and birds flew into both engines, disagrees.

"It's not wise," he told Metro. "The birds will learn that there's food there, and they will keep returning."

Sully said the garbage

would add one more thing to a list of pilots' worries when flying into New York.

"We're adding more to that responsibility, unnecessarily," he said.

And he was not pacified by promises that the trash would be checked for leaks, and that spikes will be added to thwart birds. Any bird attracted to rotting food, even a small starling, can be dangerous, Sullenberger said.

"You don't need a goose to have catastrophic damage to an engine," he said.



ALISON BOWEN
alison.bowen@metro.us

By the numbers

Thousands are spent to kill birds in New York each year.

146

Planes landing or taking off from LaGuardia that hit birds in 2010

1,509

Number of geese killed citywide last year by the Department of Agriculture

7 miles

Since the "Miracle on the Hudson" was piloted to safety by Sullenberger, New York has removed Canada geese from city property in a 7-mile zone around JFK, LaGuardia and Newark.

50%

In June, the city boasted that it had reduced the geese population by half since the previous year.

\$70K raised for Park51 rehab

DOWNTOWN. Park51 announced yesterday that it has raised \$70,000, which will go toward rehabilitating space currently

used as a community center at the former Burlington Coat Factory building. The first exhibit planned for the venue, NYChildren, a photo project, will be open to the public in late September. ● METRO/CB



Lady Gaga does Barney's

MIDTOWN. None other than Lady Gaga will be decorating the windows at Barney's this holiday season. Starting in mid-

November, "Gaga's Workshop" can be seen in the windows of the iconic Fifth Avenue store, and she'll also be designing exclusive items available for sale on the fifth floor of the men's store. ● METRO/CB

ACNE

**Eczema
Psoriasis
Rosacea
Rashes**



#60

Guaranteed better than all others they used say dozens of delighted users with full names and towns on the Bell website. Works by cleansing blood inside rather than attacking skin from the outside and leaving the actual cause untreated. Here are a few examples:

By Dr. C. Hammoud Ph.D.

■ **I had terrible Acne** for 3 years and tried products with Benzoyl Peroxide, Aloe Vera and others. After 4 days taking the Bell natural product #60 it started to clear up my skin. My skin changed from terrible to beautiful. *Mylene Theriault, 19, Sorel-Tracy, QC* ■ **In 2 days** my son's face completely cleared up of acne. My son is 15 and suffered for 3 years. We used many products like laser, Neem that did not work or burned his skin. *Veronica Marden, Seminole, TX* ■ **Unbelievable acne free beautiful skin** Last couple of years I had acne and tried every product and antibiotics. Results with #60 were unbelievable. Thanks for giving me beautiful skin and my self-esteem. *Nelisa Royer, 28, Dorai, FL* ■ **Within 6 days eczema cleared** up completely. I believe #60 addresses the cause internally instead of the symptoms. *Latifa Boutshik, 43, North York, ON* ■ **I had severe psoriasis** over 95% of my body. Last 5 years I have stunned every doctor and dermatologist. I spent tons of money on remedies. After I got Bell #60, I've never seen anything work as fast in my life. Within 2 days I saw my skin clearing up. I'm speechless. It was inexpensive compared with what I spent before. *Jessica Shantz, 25, Dawson Creek, BC* ■ **All statements** made on the Bell website are sent by delighted users. All are real people. Most have listed phone numbers and can be called for advice. No money is paid to them. Their reward is the relief they are getting. All say #60 works within days not months, not years. It's more effective than what they used before. It is less expensive (some acne suppliers ship monthly and charge monthly, which may amount to large sums yearly). No side effects were reported on #60. **TRUE EVIDENCE that we are helping people.**

High Blood Pressure?

High blood pressure is called the silent killer. If your BP is higher than normal, try to get it down to about 120/80. For many people it is easy to control. If it does not work for you we refund your money. On our website you will find over 50 testimonials with full names and towns from all over USA and Canada. Most of them have listed phone numbers and are happy to talk about the relief they had. No money was paid for testimonials.

Dr. C. Hammoud M.H., Ph.D. recommends this effective fish peptide blood pressure natural product. So does **Dr. Julian Whitaker M.D.** ■ **I was on 3 blood pressure drugs** that did not work well. After starting Bell #26 my readings are generally well below 120/80. *Dona A. Anderson, 76, Sooke, BC* ■ **My blood pressure was 157/90** and I had side effects from prescription drugs. I bought a monitor. After 6 months on Bell #26 I was down to 120/80. *Toni L. McCustion, 52, Elizabethtown, PA* ■ **At work my driver's medical test** was too high at 170/100. After taking Bell #26 for a few days I went down to 128/84 which allowed me to pass my work medical. *Kris Geier, 48, Windsor, ON*. **Bell is helping people everywhere.**



#26

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Most older men and many women snore and have sleep apnea (gasping for air) :



#23

To my surprise, after taking **Bell Snoring & Sleep Apnea Relief #23** I really didn't snore or gasp for air anymore. I sleep through the night and feel rested and refreshed in the morning. *Mark Wilson, 40, Hudson, NH* ■ **Sleep apnea capsules worked first night!** For last 15 years I had sleep apnea and my doctor made me buy a CPAP machine, which I could not use. Finally Bell #23 helped the first night and every night thereafter. Like a miracle. Unbelievable. *Karen Braun, 67, Glace Bay, NS* ■ **For 20 years I was waking up frequently gasping for air.** During the day I would start napping every time I would sit down, because I was tired. Since taking Bell #23 sleeping 6 hours is heaven. It made a substantial change in my life. *Mary C. Myrick, 62, Jackson, MS* ■ **It is such a joy not having to use the CPAP machine.** I have had sleep apnea for 10 years. I was skeptical about Bell Snoring & Sleep Apnea Eze #23. After using it for 3 weeks my wife says there is no more snoring or gasping for breath or stoppage of breathing. It is such a joy to be able to roll to left or right with no hose or mask to deal with and can get up with no restrictions. Thank you Bell for a great relief. I suggest anyone with these problems to try it. You will be overjoyed with the results. *Wayne Burse, 63, Beamsville, ON* **Bell is helping people everywhere.**

Cholesterol Control

■ **Cholesterol and triglycerides under control!** For the last 5-6 years I have been told that my cholesterol and triglycerides were out of line. After taking Bell Cholesterol Control #14 my doctor said he was amazed about the change. This is a good product. *Jerome Nettles, 51, Monroeville, AL* ■ **All statin drugs gave me pain!** My doctor tried them all on me. So he said to try a natural product. After taking Bell Cholesterol Control #14 I have no more pain. I'm so happy about this. *Deanna O'Neil, 63, Tecumseh, ON* ■ **I had great success with all Bell health products!** In the last 2 years I had relief with Bell Prostate Eze Flow Tea, HDL Cholesterol Management, Blood Pressure Combo and Stem Cell Activator. I love your products. They all work for me. Great results. That's all that matters. *Basil Richards, 49, S.W. Ranches, FL* ■ **20 years of high cholesterol alleviated!** I had high cholesterol for 20 years and drugs didn't agree with me. After taking Bell Cholesterol Control #14 for 6 months I had a check-up and was surprised about the big improvement. I was delighted and extremely happy and so was my doctor. *Norma Hrysiu, 65, Lac Du Bonnet, MB*. **We supply TRUE EVIDENCE.**



#14

Other Bell products for relief of the following chronic ailments

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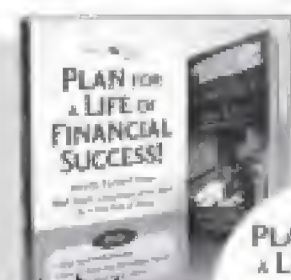
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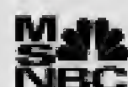
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04

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WEDNESDAY, AUGUST 17, 2011

Pay-by-phone parking unveiled

- ▶ Drivers can feed the meter straight from their cell
- ▶ You'll even get an alert when time's running out

Forget fumbling for coins or even pulling out your credit card the next time you need to park: New Yorkers may soon be able to pay for parking by smartphone, the Department of Transportation announced yesterday.

The city will launch a pilot program this spring to allow drivers to pay for parking using their cell phones. The DOT is now accepting proposals for the program.

The pilot will include 300 parking spaces. It likely won't be launched in clogged Manhattan, but instead in an outer borough neighborhood. Drivers can register for the online system using their phones.



▶ Janette Sadik-Khan,
DOT commissioner

**"Piloting
pay-by-phone
technology can
eliminate the mad
dash for meter
change."**

SADIK-KHAN, DOT COMMISSIONER

linked to a credit or debit card. They call into the system when they want to park, giving the number of the meter and instructing how much to charge.

As an added bonus, drivers will even receive a heads-up that they have five minutes left on the meter.



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Riders can even swipe for bar cart purchases on the North Fork Wine Train, which departs from Ronkonkoma for Greenport on Fridays.

During summer, the North Fork Wine Train features a different Long Island vineyard selection each week.



► LIRR tests portable ticket machines ► It's because young people don't carry cash, says railroad president

All aboard the train to the future. The Long Island Rail Road took its brand-new hand-held "Ticket Issuing Machines" for a test ride on select trains yesterday.

Conductors on trains running between Ronkonkoma and Greenport sported an Apple iPhone 4 equipped with a PaySaber "cradle device" that processes both cash and credit card sales, and prints out tickets onboard.

The LIRR is the first transit system in the metro area to accept credit cards for onboard purchases. Metro-North and NJ Transit only accept cash, and Am-



"We live in a time that is more and more a cashless society."

HELENA WILLIAMS, LIRR PRESIDENT

trak does not allow onboard ticket purchases.

But convenience comes with a price: LIRR customers who opt to buy tickets onboard will still be required to pay the extra fee of up to \$6.50 per tick-

et. Only two percent of all LIRR tickets are bought onboard trains, according to a railroad spokesman.

LIRR President Helena Williams cited young LIRR riders' predilection for plastic as the cause for the system update.

"Our younger customers in particular often don't carry cash," said Williams.

Starting Aug. 26, the smartphones will also be used on select trains on the Penn Station to Montauk line. The pilot project will run through Oct. 9.



EMILY ANNE EPSTEIN
emily.epstein@metro.us



► Long Island Rail Road Assistant Conductor Jonathan Ferdinand is ready to slide your plastic.

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Fashion faux pas?

Forever 21 has been the target of a number of copyright infringement cases by high-profile names.

Wu and Carlson say Forever 21 is exploiting a loophole by claiming the company's contractors, not Forever 21, make the garments. "They technically don't produce, so they can keep getting away with it," said Carlson.

Print theft in fashion?

► Forever 21 sued for copyright infringement by NYC women ► Say they saw girl in a knock-off of their design

Moriah Carlson and Alice Wu are seeing double. The two designers for the New York City-based women's wear line "Feral Childe" are suing Forever 21 for what they say is copyright infringement of one of their signature patterns.

Wu, 37, of Oakland, Calif., met Carlson, 37, of Boerum Hill, when the two studied at the New York Studio School in Greenwich Village.

The pair said it took months to painstakingly perfect the design for the

"A lot of young designers get taken advantage of like this. They have great ideas that are co-opted by big companies." CARLSON

pattern "TeePee" for their fall 2009 collection. But this May, they saw their hard work for sale in Forever 21 stores across the nation.

"I was in the Atlantic Avenue subway station and I saw this girl in a cute out-

fit," recalled Carlson. "As she walked toward me, I saw my print, but not my garment. I just couldn't believe it."

Forever 21 charged between \$15 and \$22 for garments using the allegedly pilfered print, a far cry from the \$60 to \$375 price Feral Childe traditionally retails for in the boutiques where their clothing is sold.

"I know everyone likes a bargain," said Wu. "But there's a reason for what things cost — there's so much work that goes into

creating a garment."

For its part, a Forever 21 spokesman claims the alleged theft wasn't on its hands — the retailer purchased the print from a third party.

"As soon as we received the inquiry we removed the item from our inventory and contacted our vendor," the spokesman said.

Feral Childe is hoping to take the case to trial to recoup profits from sales.



EMILY ANNE EPSTEIN
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Fashion designers Moriah Carlson and Alice Wu say Forever 21 stole their print, right, and used it on dresses and blouses, left.




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\$5.00 1909O, 1929.....	Up To.....	\$6,500
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Frodsham.....	\$12,000	Seth Thomas.....	\$1,500	World Time Watches.....	\$37,500



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Rolex - All Kinds
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Before bringing your items to us, take them to other dealers. Have them give you legitimate offers in writing. Then bring your jewelry and written offers to one of our locations. Although no one can guarantee with certainty they are paying the highest price for an article at any particular time, we will strive to beat most legitimate written offers.

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The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth \$7,000 in new condition or less than \$20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

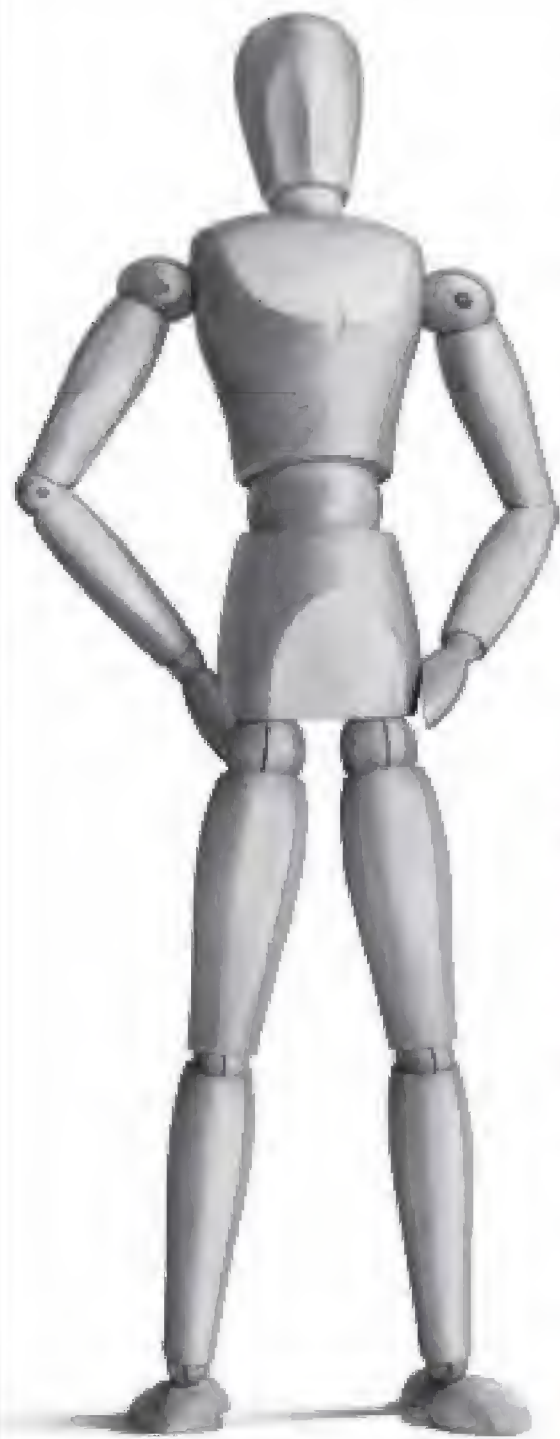
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Late payments on credit cards fall to 17-year low

Credit-card users are so focused on keeping their accounts in good standing that they've driven the rate of late payments down to its lowest level in 17 years.

The national credit-card delinquency rate, or rate of payments 90 days or more past due, fell to 0.60 percent in the second quarter, down from 0.92 percent a year ago.

That's the lowest rate since 1994, according to credit reporting agency TransUnion.

Delinquencies were expected to drop, but the improvement in that April to June period was faster than forecast.

And the improved payment habits came despite increased use of credit cards, based on quarterly data reported by banks that issue Visa and MasterCard-branded cards and data from American Express Co. and Discover Financial Corp.

TransUnion also saw higher card use, reflected in a slight uptick in the amount of debt card users carried during the quarter. The average combined total debt for all major credit



► Americans are keeping a close eye on their credit.

"Not only do we have consumers that are using their debt more responsibly and taking out less debt, they've also cut back on the number of the cards they carry."

CHET WIEMANSKI, TRANSUNION

cards increased by \$20 from the first three months of the year — to \$4,699 per borrower. Even so, that amount is down more than 5 percent from the \$4,951 average in the second quarter of 2010, and is 16 percent lower than the peak average debt of \$5,575 in the first quarter of 2009.

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Agency affirms America's AAA rating

Fitch Ratings yesterday confirmed the United States' top-notch credit rating and, in blatant disagreement with rival Standard & Poor's, gave a vote of confidence to Washington's deficit-reduction efforts.

Fitch also kept a

stable outlook on its U.S. AAA rating, less than two weeks after S&P downgraded the United States to AA-plus with a negative outlook.

The agency said, however, that it will revisit its decision at the end of the year. It threatened to slap a negative outlook on the rating at that time if lawmakers fail to implement the \$2.1 trillion in savings that were agreed earlier this month or if the economy deteriorates significantly. **REUTERS**

Bachmann subsidized

Rep. Michele Bachmann, a 2012 presidential contender and a critic of federal spending, received between \$5,000 and \$15,000 in income last year from a family farm that has received more than \$250,000 in federal subsidies, according to her most recent House financial-disclosure form. Bachmann also reported that her interest in the farm was valued at between \$500,000 and \$1 million in 2010. **REUTERS**



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Exercise: A little goes a long way

Doing just 15 minutes of moderate exercise a day may add three years to your life, a large study in Taiwan has found.

Most people struggle to stick to the standard guideline of 30 minutes a day of exercise, five days a week; and experts hope that by identifying a lower dose, more people will be motivated to get off the couch.

Lead researcher Chi Pang Wen of Taiwan's National Health Research Institutes said dedicating 15 minutes a day to a moderate form of exercise, like brisk walking, would benefit anyone.

After taking into account differences in age, weight, sex and a range of

Quoted

"The first 15 minutes ... the benefits are enormous." WEN

health-related indicators, researchers found that just 15 minutes of moderate exercise a day increased life expectancy by three years compared to those who remained inactive.

"Sooner or later, you are going to die," Wen said. "But compared to the inactive group, the low exercise group has a reduction of 10 percent in cancer mortality." REUTERS



► A small amount of daily exercise has been linked to a lower incidence of cancer, according to researchers.

The da Vinci app

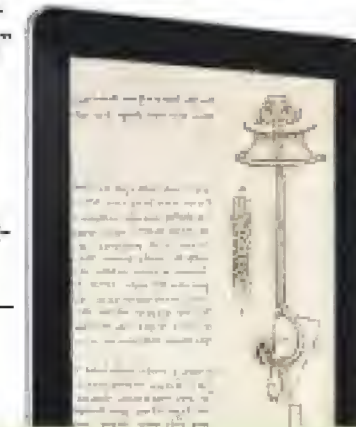
LONDON. "The Da Vinci Code" may have been a popular e-book for years, but now readers around the world can view the manuscripts of Leonardo da Vinci's Codex Arundel in high definition on iPad as the British Library launches its "e-book treasures" series.

The Italian manuscript written in da Vinci's characteristic "mirror writing" — left-handed

and moving from right to left — is a collection of notes, drawings and short treatises on subjects ranging from the physical properties of water to descriptions of a prehistoric sea monster.

The e-books will enable users to access in-depth detail about the works they are viewing, including written, video and audio interpretations.

REUTERS



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This Summer, Take your Family to Camp!

by Liz Harder

When my husband and I started dating, one of the things we had in common was our love of summer camp as kids. Our memories of family trips are a different story. Let's just say, despite our parents' valiant efforts, they were less than magical. And I have to admit we haven't had much better luck with our own attempts at a family vacation.

Just when my hubby and I were about to give up on family vacations altogether, we discovered the perfect solution — camp! Just 90 minutes outside Manhattan in Kent, Connecticut, lies the ultimate family oasis — Club Getaway. And the best part? The all-inclusive rates are unbelievably affordable!

Upon arrival, we take up residence in one of the rustic wooden cabins that overlook the sparkling lake. Our comfy accommodation includes a private bathroom and shower, a spacious porch and, best of all, air conditioning!

The beauty of family camp at Club Getaway lies in two

simple, wonderful words — Kids Club. Children can spend all day with other kids, all day with you, or a little time with both. We choose to alternate between some much needed couple time and a boatload of fun-filled family activities.

Our kids are thrilled by adventures like the banana boat, the bungee trampoline, flying trapeze, aerial zip line and all the water toys on the lake as well as the more traditional activities like biking, hiking and arts & crafts.

While the kids are off doing their thing, my husband and I head out on a bike trip through town and enjoy a wine tasting class. Later that day, he heads off to a softball game and I relax in a yoga class.

The nights are filled with fun family options — the Family Game Show, ice cream sundae parties, themed dance parties, a hysterical show starring all the kids and



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myentertainment

THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](#)

Tragic Beverly Hills suicide

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Ellen DeGeneres has been on the road too long, Joel McHale is ready for action, Demi Moore has a lot going on, and Conan O'Brien is getting questionable investment advice.

► **@TheEllenShow**
I had a lot of fun traveling around, but I'm glad to be home. Last night I got up to get some water and wound up in my closet.

► **@joelmchale**
About to go on Regis. I'm going to ask about his childhood and what it was like to ride a triceratops to school.

► **@mrskutcher**
Time for bed fantasy football league owners dinner tonight time to get serious about my draft!

► **@ConanOBrien**
Betting big on tech stock. Is "America Online" a good company?



As you've no doubt heard, **Russell Armstrong**, the estranged husband of "Real Housewives of Beverly Hills" cast member **Taylor Armstrong**, was found dead yesterday from what police are calling a suicide.

TMZ.com reported that a roommate discovered Armstrong, 47, hanging in a bedroom in his Los Angeles home. No suicide note was found.

Personal and financial trouble plagued Armstrong in the past few years. In July, he was slammed with a \$1.5 million breach of contract lawsuit by a company that claimed he misused their funds to redecorate the mansion he shared with Taylor and their 5-year-old daughter, Kennedy. Taylor and Russell also had well-documented altercations (a recent National Enquirer article stated that Taylor had a steel plate inserted into her eye socket during an operation to save her eye after



► Russell, Taylor and Kennedy Armstrong in March of this year.

Quoted

"As a couple, they lived way beyond their means."

ARMSTRONG'S LAWYER,
RONALD RICHARDS

Russell punched her in the face). Russell admitted to People magazine that things would get hot with his wife, but: "This [TV] show has literally pushed us to the limit."

"His credit cards weren't working. ... He had tremendous financial problems," Armstrong's lawyer Ronald Richards told TMZ. "He was also extremely bummed out about the divorce with Taylor."

All of this is awful, but here's the truly horrendous part: Apparently the problems between Taylor and Russell were going to be a huge plot point in the next season of "Real Housewives

of Beverly Hills," set to premiere Sept. 5 on Bravo. "All of us at Bravo are deeply saddened by this tragic news. Our sympathy and thoughts are with the Armstrong family at this difficult time," the cable network said in a statement. But Bravo offered no word whether or not they are going to continue with the second season as planned.

On one hand, it's terrible that the network would even think of airing the show, as a man is now dead and a little girl is without a father. On the other, you know deep down that you would watch. And so would millions of other rubbernecking Americans. Sad, but so very true.

So what do you think, readers? Should Bravo take the low road and continue on with Season 2 as planned, or scrap it and let this troubled family be at peace? Write in to let me know.

Talking points

Prince Harry, single again

Prince Harry and model **Florence Brudenell-Bruce** have reportedly called it quits because Harry is preparing for the army, according to People magazine. "Harry has a lot on his mind at the moment. He is concentrating on his Apache helicopter training. After that, he's expecting to return to Afghanistan," a source says of the prince, who recently returned from a vacation with friends to Majorca.



► Levine

"Harry enjoyed spending time with friends over the summer, but he doesn't want to be tied down in a relationship when training."

An equal opportunity judge

Adam Levine says the reason his singing competition show, "The Voice," is better than "American Idol" is because of the way his show treats gay contestants. "What's always pissed me off about 'Idol' is wanting to mask that, for that to go unspoken," he tells Out magazine. "Come on. You

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DOROTHY ROBINSON'S
WORD BLOG

can't be publicly gay? At this point? On a singing competition? Give me a break. You can't hide basic components of these people's lives." Levine is especially passionate about the topic because of his brother. "I can single-handedly dispel any ideas that sexuality is acquired," Levine laughs. "Trust me, you're born with it. My brother is

gay, and we knew when he was 2. We all knew."

Bieber rakes in the cash

Justin Bieber is Hollywood's richest teen, according to People magazine. He pulled in a reported \$53 million last year. Most of his impressive income came from his 3-D movie, "Never Say Never," and his perfume line, Someday, which reached \$3 million in retail sales in just three weeks. Former No.1 **Miley Cyrus** dropped to the second spot, earning only \$48 million last year.



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A tiny singing superstar and other attractions

1: A very wee Kylie Minogue and friend William Baker strolled around Portofino, Italy on Monday.

2: Young actors in love: Chord Overstreet and Emma Roberts took a spin on the Astro Orbitor attraction at Disneyland on Monday in Anaheim, Calif.

3: Actress Jane Fonda attended a signing for her book "Prime Time: Love, Health, Sex, Fitness, Friendship, Spirit" at Barnes & Noble at The Grove on Monday in Los Angeles.

4: Dave Matthews took the stage for Farm Aid 2011 at the LiveStrong Sporting Park on Saturday in Kansas City, Kan.

5: Ooh la la: 50 Cent performed at the 50 Cent Party at Palais Club on Sunday in Cannes, France.

6: Actress and director Vera Farmiga attended the premiere of her new film, "Higher Ground," in NYC on Monday.

7: "True Blood" hottie Alexander Skarsgard was spotted on the set of his new film, "What Maisie Knew," on Monday in NYC.

8: Actress Krysten Ritter posed for a photo at a special screening of "Life Happens" at the Visual Arts Theater in NYC on Monday.



1: JACOPO RAIJGRIET/GETTY IMAGES
2: PHIL HIPP/REUTERS/GETTY IMAGES
3: DANNY LIVINGSTON/GETTY IMAGES
4: TIMOTHY MAST/GETTY IMAGES
5: EDC/REUTERS/GETTY IMAGES
6: ANDREW H. WALKER/GETTY IMAGES
7: RAY TAMARA/GETTY IMAGES
8: JENAL COOK/REUTERS/GETTY IMAGES

myentertainment

TV watch list

► Ricky Schroder stars as a former pro wrestler in "To the Mat."

'To the Mat'

FILM. Ricky Schroder trades his NYPD blues for the spandex and spray tan of a former professional wrestler whose training school in the South is close to financial ruin. Because this is a rom-com, enter a pretty numbers whiz from the big city (Laura Bell Bundy) who reluctantly comes to the rescue of this country boy. Premiere, 8 p.m., CMT

'The Hour'

DRAMA. This gorgeous newsroom drama set in 1956 London follows the team behind a new investigative news program on the BBC as they fight to break free from government control — and fight for their lives while investigating a conspiracy. Read

our interview with star Dominic West at www.metro.us/tv. Series premiere, 10 p.m., BBC America
AMBER RAY

MTV2 must-see

MTV2 and Converse present "Band of Ballers." Join Wiz Khalifa, Young Money, Matt & Kim, Chiddy Bang and defending champ Jim Jones as they lead their teams in a 3-on-3 basketball tournament for a chance to win the golden speaker trophy. Watch this Sunday at 1:30 p.m. on MTV2.

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Creating a 'Cannes' in New York City

- A young festival aims to bring the best of international film to the city
- Expect 'state of the art' offerings with a little 1970s flair this year

In a city as diverse as New York, it's important that the entertainment reflects the population. That's why the second annual New York City International Film Festival aims to bring movies from all over the world to Manhattan.

Robert Rizzo, founder and CEO of the fest, was first inspired to create the event after attending the world-renowned Cannes Film Festival.

"I created the [New York City International Film Festival] with the purpose to discover new and talented filmmakers and to promote established ones from the U.S. and around the world," Rizzo says. "I want to give them a high-profile platform in New York to showcase their creative work to a vast and diverse audience."

Among the films featured this year is "The Last Gamble," a thriller centered on a gambling addict in New York City. The film's di-



► The New York City International Film Festival begins tomorrow and runs through Wednesday.

If you go

The **New York City International Film Festival** kicks off tomorrow night with a screening of "The Last Gamble" and an opening gala. For more information, visit www.nyciff.com.

rector, Joe Goodavage — who also serves as marketing director of NYCIFF — says the aesthetics organizers used to select the festival's 300 films are inspired by the art and history of cinema itself.

"We go through a very vigorous screening process. The film has to have quality

in sound, lighting, acting, and it has to be state of the art," Goodavage says, using movies of the 1970s as an example. "We want the old-fashioned films of the '70s to come back — there were great scripts and great acting. We're trying to find hidden gems like that."

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DDF expands the audience

► The Downtown Dance Festival offers free lunchtime performance

Jonathan Hollander initiated the Downtown Dance Festival 30 years ago and directs it as well. He also directs Battery Dance Company, one of America's most traveled dance troupes. And he does all of it from two large studios five stories above the street at 380 Broadway, where he and his family also live. "We were founded in the Financial District and had to find

a way to reach people. I'm interested in expanding the audience for dance," he says. "In the early days, we performed on the pavement. We invited other companies to join us and got double-page spreads in every paper and audiences in the thousands every day."

Battery will bring a rented stage and sound equipment to each festival performance. Nine diverse dance companies will perform and teach at four locations, free and outdoors — except when Poland's Silesian Dance Theatre and Malaysia's Sutra Dance Theatre share the grand finale on Saturday at Dance New Amsterdam near City Hall. "We make dance acces-



► The Sutra Dance Theatre performs in the Downtown Dance Festival finale on Saturday.

Quoted

"We make dance accessible to people who wouldn't have the means or curiosity to seek it out."

DDF FOUNDER HOLLANDER

Plaza; this afternoon features four South Asian groups doing Indian dance.

Funding is drying up, but the effort isn't slowing down. "Normally you get paid for doing work, but Battery Dance Company supports the festival; it's our biggest gift to the community every year," Hollander says. "If you find your way to us, you'll be richly rewarded."

ELIZABETH ZIMMER
elizabeth.zimmer@metro.us

If you go

Downtown Dance Festival

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sible to people who wouldn't have the means or curiosity to seek it out," Hollander explains. "Festival philosophy has been to

cross every possible niche." He cites Marilyn Klaus' Ballets with a Twist because she "has a wicked sense of humor," and touts how Ly-

dia Johnson "celebrates ballet technique in an individual way." Weekday lunch-hour shows take place at One New York

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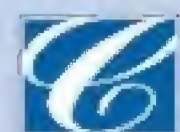
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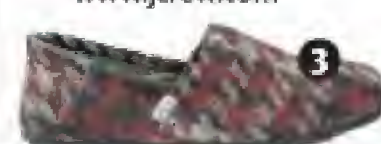
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Nerd's the word

► Blogger Roxana Altamirano of Nerdboyfriend.com makes everything from Woody Allen's trademark frames to Adam Scott's boyish threads current and accessible ► But don't break out your pocket protector just yet

For Roxana Altamirano, the underdog is king. As founder of Nerdboyfriend.com, she transformed her admiration of geeky male celebrities into a successful online style guide. The blog features iconic male portraits — from classics like Salvador Dali and Ernest Hemingway to contemporaries such as Elvis Costello and Adrien Brody — with links to stores where her followers can recreate the look du jour. "It's all about ideas," says Altamirano. We caught up with the L.A. resident to discuss what it takes to win her heart and what she'll be dressing her boyfriend in this fall.



► Roxana Altamirano

Why are nerds such sex symbols?

The word "nerd" got associated with the blog by accident. I wanted to start a photo blog posting images of the male icons I was in love with. I realized they

weren't the hippest or best-looking guys, but they still had a unique style. "Nerd" has different meanings: To some it's glasses and high pants, and for others it's someone who's passionate about what they do.

Who was your first celebrity nerd crush?

Indiana Jones. He's not very nerdy but ...

But he was a professor.

Right! And I became enamored with Jim Henson, too, but not because I had posters of him on my wall. It's just the idea of him.

Have you met any crushes?

The only one I've met and posted is Andrew W.K. I wouldn't mind meeting John Turturro, David Bowie

or Ian McKellen.

What are some essentials you like for guys this fall?

I stick to the classics. I like button downs — light pink and blue oxfords, the schoolboy type. I'm also a fan of waiting-for-a-flood pants. Not like Tom Brown or anything, not like man capris. I think TOMS are sexy. And I like when guys carry canvas totes. Those will do the trick.

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gina.angelotti@metro.us

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- ▶ Your bones aren't the only part of your body that benefit from this hormone
- ▶ Yes, it's a hormone
- ▶ Plus, how much sun exposure do you really need?

The details on vitamin D



▶ According to Dr. Michael Holick, you would have to drink 15 to 20 glasses of vitamin D-enriched milk each day to get your recommended daily amount!

How much sun?

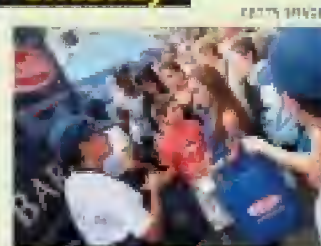
The amount of sunshine remains largely dependent on where you live. Sun exposure would have to be in the middle of the day — when UVB rays are available to the skin — and without sun protection, two things that skin cancer specialists say we should avoid.

Moderation is key, says Holick, and the closer you are to the equator, the less you need. "In Miami, three to five minutes is enough. Without sunshine, you can't produce an adequate amount of vitamin D."

LINDA CLARKE
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MORE HEALTH NEWS

Giveaway



Free Barilla Pasta dinners

Today and tomorrow, Barilla Pasta will be distributing free "Meal for a Meal" dinner kits — including a box of Barilla pasta, salad and Academia Barilla olive oil & vinegar — from food trucks parked in high-traffic locations in the city. For every kit distributed, Barilla will donate \$1 to The Food Bank For New York City, thus supplying enough meals to feed about 100,000 of the city's hungry. Look for the trucks from 4 p.m. to 8 p.m. today at East 59th between Lexington and Third Aves. and tomorrow at Broadway between 58th Street and Columbus Circle.

• MEREDITH ENGEL

According to Dr. Michael F. Holick's book, "The Vitamin D Solution," a worldwide epidemic is raging and most people don't even know about it.

"Vitamin D deficiency is the most common medical problem worldwide, even in sunny countries," Holick says. Commonly known as the "sunshine vitamin," vitamin D is actually a hormone, and generally only recognized for its relationship with calcium in making strong bones and teeth. Holick's research found that deficiency causes much more — from aching joints to depression — and in-

"Vitamin D deficiency is the most common medical problem worldwide, even in sunny countries."
DR. MICHAEL HOLICK

creases the risk of infection, diabetes and some cancers.

The big problem is that although vitamin D is added to items like low-fat milk and orange juice, and found naturally in eggs and some oily fish, dietary sources are woefully insufficient. To get their recommended daily amount:

"Children would have to drink 10 glasses of vitamin D-enriched milk per day and adults [would need] 15 to 20 glasses," says Holick. He touts "diet, supplements and sunshine" as ways to up your intake.

For those with darker skin, who generally have lower amounts of vitamin D than those with white skin, supplements can be especially useful. A recent study from Georgia Health Sciences University showed that vitamin D supplements also boost the vitality of blood vessels, cutting the risk of cardiovascular issues.



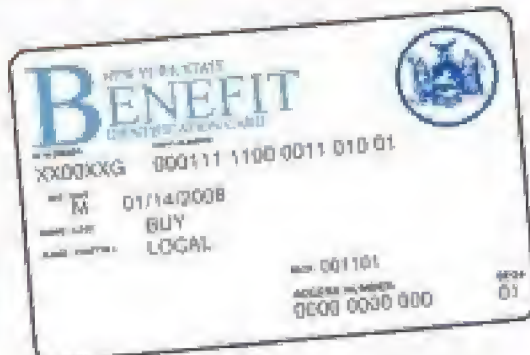
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Interpreting your wildest dreams

- What do your dreams mean? ► What's the significance of a nightmare?
- Can dreams be prophetic? ► Dr. Lauri Loewenberg has all the answers

Dream interpretation is a subject of fascination for many, but Dr. Lauri Loewenberg is the real expert. Holding a doctorate in archetypal psychology, she can make sense of just about any dream, given the right contextual information, and you can interpret your own, too, with a few tips from her latest book, "Dream On It: Unlock Your Dreams, Change Your Life."

Loewenberg says that dreams should be treated as advice you give to yourself. "Dreams are basically a conversation with the



► Dr. Lauri Loewenberg

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self," she says. "Everything in your dream is about you and about your life. If you dream that a co-worker dies or a family member dies, we think, 'Oh my gosh, they might die.' When in fact it's something about you that's dying off or changing." But if dreams are so specific to each person, why do so many of us have dreams about the same things, like teeth falling out or flying?

"Look at your dreams as a language," says Loewenberg. "They're really metaphors for your life be-

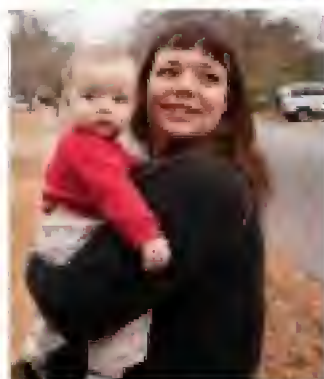
cause this is how we communicate when we talk. We use metaphors. It's a picture language. The difference is that the dream brings it to life and puts you in it."

Loewenberg suggests keeping a journal in which you describe your dreams right after they happen and to look closely to the day before the dream in order to figure out what it means.

"I've found that your day and your dream are always connected," she says.

HEIDI PATALANO
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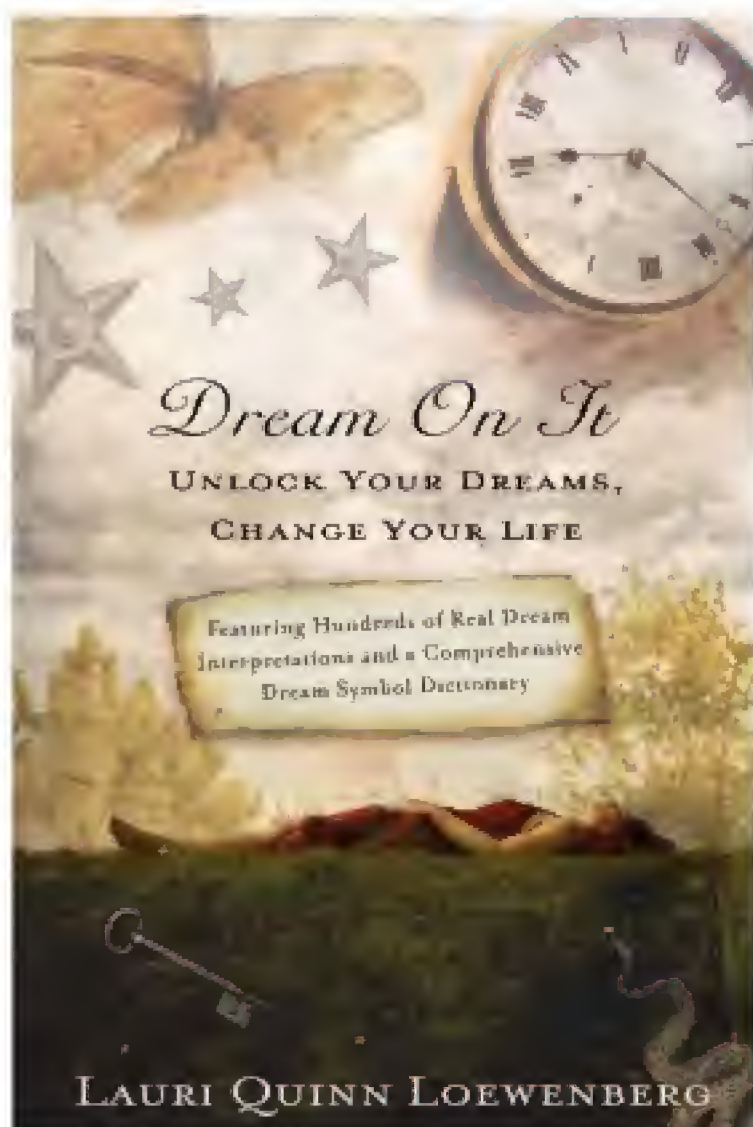
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17



Q&A

► **Are nightmares a good thing?**
It's constructive criticism. It's kind of a slap in the face that says, "Hey, wake up, this issue really needs to be taken care of already."

► **Do you believe dreams can be prophetic?**
I hear a lot of people who have compelling stories about how their dreams did kind of show them the future. I do leave myself open to that, but also the scientist in me is skeptical because we do, as part of human nature, tend to draw the bullseye around the arrow.

► **What's the best way to have a lucid dream?**
Set your alarm 20 or 30 minutes earlier than you need to wake you up. When it goes off, hit the snooze button, and then in that 20 to 30 minutes, you will drift back into sleep but not deep enough where you lose your consciousness.

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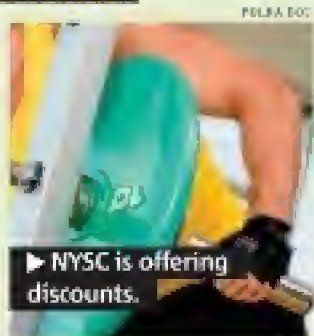
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► MEREDITH ENGEL

How to save your skin from the summer sun

► Madonna's dermatologist, Dr. Fredric Brandt, tells us how to give our skin a subtle summer glow without suffering from the sun's rays in the long run

How the sun does harm: "Sun exposure ages our skin faster than any other element. Anyone who wishes to prevent wrinkles and maintain an even skin tone must wear an SPF of at least 30 everyday no matter where they live. Sun damage happens all the time: winter and summer, sunshine and rain. One of the worst and least suspected culprits comes from some types of fluorescent light bulbs. They can emit UVA rays that are strong enough to cause the breakdown of collagen and elastin." **Damage control:** "The best way to get glowing skin



► Even on days you're not at the beach, you still need to wear sunscreen.

year-round is to accelerate cell turnover — which will prevent dry, flaking skin and stimulate your skin's collagen production. When you pick products, look out for ingredients such as retinols, glycolic acid and salicylic acid. All accelerate cell turnover and eliminate dry skin, giving you a radiant glow. Vitamin A is proven to stimulate new collagen production. If you wish to extend your summer tan into the fall, use a sunless tanner containing dihydroxyacetone (a harmless skin-coloring agent). **Prepare your skin:** "Apply a

screen to the face, neck, decollete and ears 30 minutes before going outdoors." **During sun exposure:** "Reapply sunscreen more than once throughout the day. Check the UV index to see how much sun you are actually getting." **After sun exposure:** "If you were burnt, take Advil to help reduce inflammation. Apply aloe vera or cool compresses to the area. Remember to constantly keep your skin hydrated."



ROMINA MCGUINNESS

METRO WORLD NEWS IN LONDON

More skin tips
from Dr. Brandt

How to deal with:

- **Blackheads:** "Blackheads are caused when dead skin cells combine with the oil glands in your skin to produce sebum. A clay mask will to help absorb this oil and unclog your pores."
- **Sun blemishes and spots:** "No products will effectively lighten skin or remove spots without the daily use of sunscreen (SPF 30). In the morning, use an antioxidant cream to fight free radical damage and products containing hydroquinone or arbutin to lighten the skin. At night, creams with peptide or retinol will help increase collagen production."
- **Chapped lips:** "Avoid lip-licking and choose Vaseline over a more waxy lip balm. Buy moisturizing balms containing natural ingredients with little dye or fragrance and apply throughout the day."



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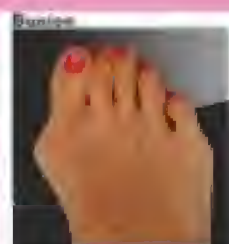
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• MEREDITH ENGEL

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Name names, Mr. President

I want Obama to fix our problems but in order to do that, he needs to stop hiding the names of those members of Congress who continually oppose change of any kind in the name of the Republican party. I bet the massive number of unemployed (which I am fortunate enough not to be included in) can take action and vote to have them removed or at least write to their local government to make changes. It's our country, and we need to take it back! **HOWARD LIVINGSTON, VIA E-MAIL.**

This is not a capitalism

RE: "CAPITALISM IS UNSUSTAINABLE": Suzie, you need to read your Adam Smith and figure out what capitalism really is before spouting off. Capitalism exists when everyone has equal access to the marketplace and prices are plotted on a supply and demand curve. The special interests/lobbies in Congress who pay both parties off are there to make sure the system is restricted to only approved players. You may not like the Tea Party, but ask yourself why they are the only

third party that has made a difference in the elections since the Progressive party.

CHRISTOPHER WELCH, VIA E-MAIL

Pay up or shut up, Buffett

RE: "BUFFETT: STOP CODDLING THE RICH": For years Warren Buffett has been vocal about how taxes on the very wealthy should be increased. Yet, throughout his illustrious career he has structured his dealings and compensation in a way to avoid paying taxes. Berkshire Hathaway doesn't pay dividends and he never

sells his shares. The death tax won't apply to him either as he is giving away 85 percent of his wealth to charity. Feel free to send some money into the government anytime, Mr. Buffett.

DAVID WALCH, VIA E-MAIL

Like it or not, we need them

RE: "TAX MONEY NOT FOR THE PEOPLE": Ms. Donnoe thinks taxes should only go towards paying the national debt and nothing else? Fine. I'm sure she won't mind fixing our roads, defending our shores and prosecuting drug suppliers all on her own. After all, according to her, government is "the problem" and shouldn't do anything to defend or assist us all.

JOSEPH CONNELL, BROWNSVILLE

Horoscope

Leo July 23-Aug. 22. Although you know a close friend has the information you've been seeking, you might be too reluctant to call him or her on it. Unless you have someone else to go to, it may be your only option.

Virgo Aug. 23-Sept. 22. Avoid trying to imitate the way another does something, because you would be far more effective in doing things your own way. I'm not sure you have the courage to trust yourself.

Libra Sept. 23-Oct. 23. Certain people with whom you're involved will have long memories. Thus, whether you are cooperative or uncooperative with them won't easily be forgotten. Which will you choose?

Scorpio Oct. 24-Nov. 22. Don't allow multiple responsibilities to intimidate you. However, it will take a strong belief in yourself in order for you to be able to handle several critical assignments simultaneously.

Sagittarius Nov. 23-Dec. 21. Knowledge acquired makes you a more valuable person. But it depends on your mindset as to whether learning will be a rewarding experience.

Capricorn Dec. 22-Jan. 19. You're only likely to put forth nominal effort on matters of personal importance, but don't treat the interests of

others in the same manner.

Aquarius Jan. 20-Feb. 19. Unless you try your best to smooth over conditions, you could find yourself in the middle of a brouhaha. Don't let your ego get in the way.

Pisces Feb. 20-March 20. The only way your normal channels of revenue have a chance of yielding larger returns than usual is if you can keep your expenses down.

Aries March 21-April 19. Projects that require tenacity and boldness are the ones that usually appeal to you, but for some reason, this might not be true right now. You could have little staying power.

Taurus April 20-May 20. Even though you should be focusing on situations where you can derive some type of commission, you're likely to direct all your attention on anything but. Get back on track.

Gemini May 21-June 20. If you can be more of a listener than a talker, you could learn something that is extremely beneficial — but this might be more than you can expect of yourself. Prove us wrong.

Cancer June 21-July 22. Unless you make a concerted effort to do so, you aren't likely to recoup any losses, whether tangible or intangible. You'll have a chance to do so today. Will you? **BERNICE BEDE OSOL**

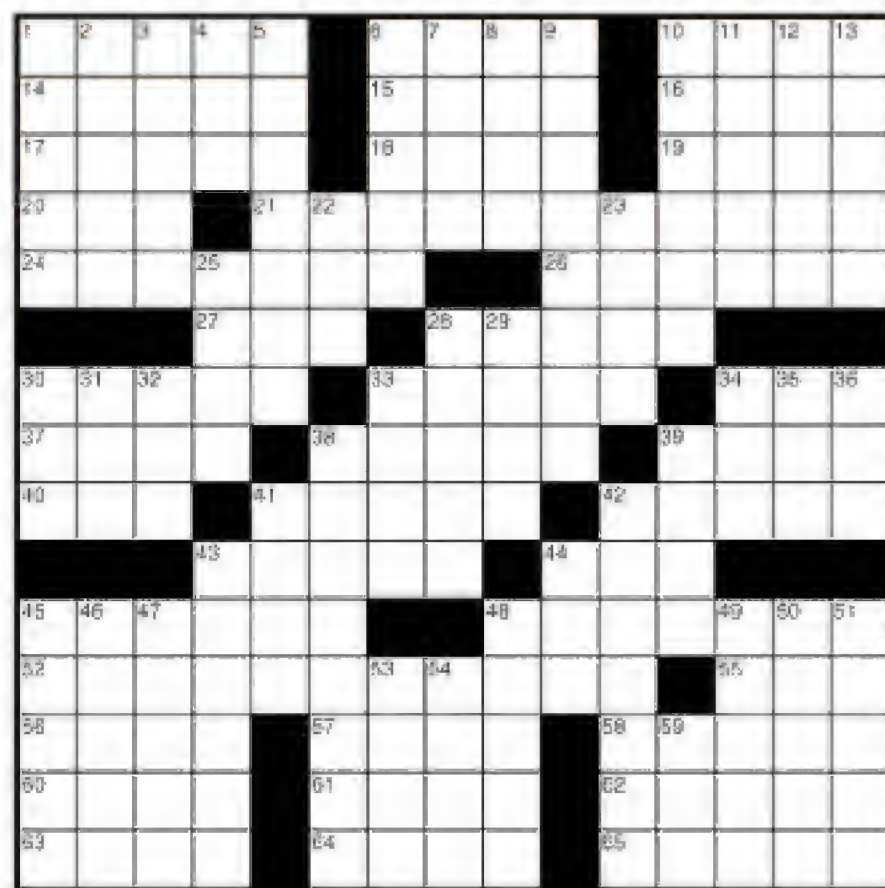
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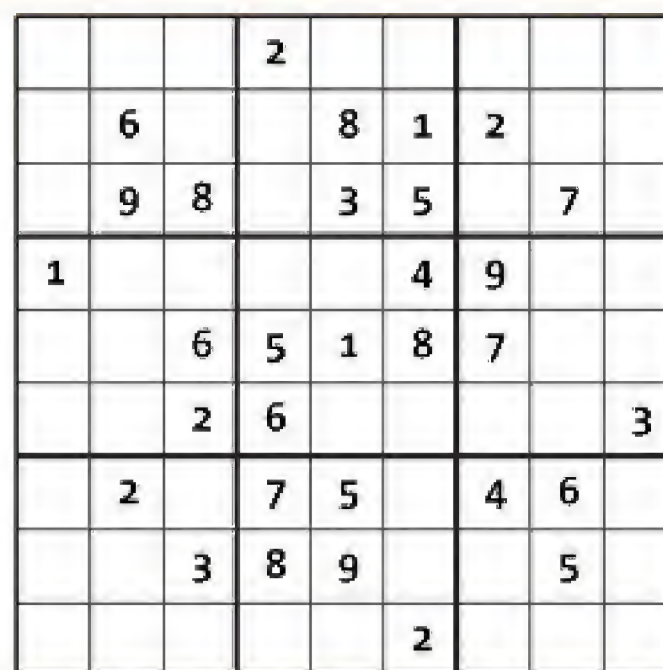
- 1 Low grower
6 Folk-dance shoe
10 Huff and puff
14 Type of surgeon
15 Carry on
16 This, in Tijuana
17 Ms. Barkin of films
18 Auspice
19 Biggers' sleuth
20 Census info
21 Hard candy
24 Bar sing-along
26 "Didja ever wonder ...?" humorist
27 NFC player
28 Timely benefits
30 Yellow pigment
33 Lash of oaters
34 Haze
37 Make muddy
38 Asks a question
39 Hunter's quarry
40 Insect killer
41 Knickknack
42 Vicar's residence
43 Cameos, maybe
44 Plunging neckline
45 "1984" author
48 Racetrack near Miami
52 Melodramatic cry (2 wds.)
55 Large parrot
56 Sulk angrily
57 Not theirs
58 Grocery section
60 Sports channel
61 Legal document
62 Pyle or Kovacs
63 Take a snooze
64 Zilch
65 Stormed
Down
1 Smuggle
2 Hagar's wife, in comics
3 Yardstick



- 4 Suffix for forfeit
5 Nice greeting? (2 wds.)
6 Russell of "Gladiator"
7 Pet of rhyme
8 Not sunnyside up
9 Free from meanness
10 Small lizards
11 Gray
12 Fixed gaze
13 Bedding plant
22 Dog show org.
23 Five-star (hyph.)
25 "Green Mansions"

- hero
28 Foundation
29 Hydrox rival
30 California fort
31 ___ liver oil
32 Web-search result
33 Old wives' tales
34 Grouple
35 Mantra chants
36 Colly!
38 Earn (2 wds.)
39 Highlander
41 Nat "King" ___

- 42 Wind around
43 Give in
44 Sundial numeral
45 Volunteer
46 Waken
47 Nerds
48 ___ luego!
49 Forcing ends to meet
50 Cliffside abode
51 Did field work
53 Mystique
54 Power system
59 Altar constellation



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?



PHOTOS: GETTY IMAGES

Six names, five spots

► Yankees need to cut rotation from six pitchers to five ► Sabathia, Colon are only givens
► What to do with Burnett off average start? ► You can never have too much pitching, right?

A.J. Burnett finally won a game in August. Nobody should be preparing any piques to celebrate the occasion.

Burnett's line of three runs and 10 hits in 5 2/3 innings Monday gave him his first win since beating Milwaukee on June 29. It was a win because the Yankee offense scored enough.

"Maybe a cupcake, no pie for that," Burnett said. "You've got to do a lot bet-

ter than three runs in 5 2/3 to get a pie."

In between wins, Burnett was 0-3, failed to protect a 12-run lead in Chicago and hung a curveball to a .180-hitter last week in a four-run implosion against the Angels.

If 47 days between victories isn't confounding enough, Burnett hadn't won in August in nearly three years.

Burnett will likely remain in the rotation be-

On TV tonight
Yankees at Royals
8:10 p.m., YES

cause he probably isn't suited to the bullpen. Phil Hughes would be a more likely choice for the pen. But Burnett's recent performance might not be enough to convince the Yankees to give him a post-season start.

Last year, the Yankees skipped Burnett in the ALDS, but started him in

the ALCS because they didn't know what they had in Ivan Nova.

This year, the Yankees don't have that problem, especially if they believe Ivan Nova's development will appear in the post-season or if Bartolo Colon and Freddy Garcia can continue their success. That makes Burnett the odd man out in the playoff rotation.

LARRY FLEISHER
sports@metro.us

Résumés

Metro takes a look at each Yankees starting pitcher's body of work prior to last night's game versus the Kansas City Royals:

- 1 CC Sabathia**
16-7, 2.93 ERA, 190.2 IP, 175 K, 46 BB, 1.14 WHIP
- 2 Bartolo Colon**
8-6, 3.31 ERA, 119.2 IP, 103 K, 32 BB, 1.24 WHIP
- 3 A.J. Burnett**
9-9, 4.61 ERA, 154.1 IP, 131 K, 67 BB, 1.38 WHIP
- 4 Ivan Nova**
11-4, 3.85 ERA, 112.1 IP, 67 K, 41 BB, 1.39 WHIP
- 5 Freddy Garcia**
10-7, 3.16 ERA, 122.1 IP, 81 K, 37 BB, 1.31 WHIP
- 6 Phil Hughes**
3-4, 6.55 ERA, 44 IP, 26 K, 15 BB, 1.61 WHIP



► A-Rod in Tampa

A-Rod nears his return

Alex Rodriguez hit a home run in his first rehab at-bat for Tampa last week, but the team isn't rushing him back.

The slugger made his

debut with Triple-A Scranton-Wilkes Barre last night in what will be his final step before returning to the major league club.

Presuming he feels fine today he will play again in Scranton tonight and then is expected to play with the Yankees in Minnesota on Thursday.

Rodriguez hasn't played since July 8 when he underwent an MRI and discovered he had a torn meniscus in his right knee. Surgery followed three days later.

The Yankees haven't missed his bat in the middle of the lineup, however, going 22-11 in his absence. **METRO**

3

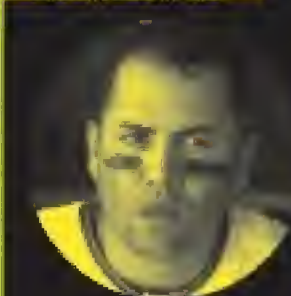
In the news

The U booster speaks

Don't worry Ohio State fans, you've got some company. Yahoo! Sports reported former University of Miami booster Nevin Shapiro detailed hundreds of thousands of dollars in illegal benefits given to Miami athletes, including Giants Antrel Rolle and Kenny Phillips.

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In the news



Beltran placed on DL

So it's not just the uniform after all.

Former Mets outfielder Carlos Beltran was placed on the disabled list by the Giants yesterday.

Beltran hadn't played since Aug. 8 with a strained right hand. He was hitting just .244 in 11 games with San Francisco.

PREVIOUS JOB EXPERIENCE: NBA PLAYER

Opinion

JASON McINTYRE

SPORTS@METRO.US



If you use Twitter, perhaps you saw this: Delonte West an NBA guard on the Celtics who has collected roughly \$14 million in salary during his up-and-down seven-year career, claims to have put in a job application at Home Depot.

Here are his exact words: "Pride 2 the side.. just filled out a application at Home Depot.. Lock-out aint a game.."

He's talking, of course, about the NBA lockout. The work stoppage is expected to cost the league at least half the season — perhaps all of it. If you look at West's salary, conservatively, he took home \$8 million after taxes and paying his agent and lawyer. Obviously \$8 million over seven years is still good loot, but we're talking about the NBA here, and you



Well done, J.J. Barea, well done.

know how players in the league roll. If you're not driving a big-body Benz, you might as well be playing in the D-League.

Quoted

"Burn! The threat of a black eye an showing up at Biffle's house is real talk."

back is the reason. Or maybe he's just not in high demand?

Boris Said what?

Would you believe me if I told you the best trash talk this week didn't take place on the baseball diamond or the football field ... but in the NASCAR infield?

I think Boris Said could win trash talking quote of the year for this smackdown of fellow driver Greg Biffle:

"He is the most unprofessional little scaredy cat I've ever seen in my life. He wouldn't even fight me like a man after. So if someone texts me his address, I'll go see him Wednesday at his house and show him what he really needs. He needs a [freakin'] whooping and I'm going to give it to him. It's not right to wreck cars, but he'll show up at a race with a black eye one of these days."

Burn! The threat of a black eye and showing up at Biffle's house is real talk.

Beauty queen update

Giants pitcher Barry Zito is dating and possibly engaged to Miss Missouri (2007), Amber Seyer. She's kind of, sort of, a cross between two of his previous celebrity girlfriends (Alyssa Milano, Hilary Duff).

Dallas Mavericks' guard Rudy Fernandez is dating Miss Spain (2000), Helen Lindes. And, yes, that obviously means that Fernandez is required to go out to dinner with new teammate J.J. Barea ... remember, he's dating Zuleyka Rivera, the 2006 winner of Miss Universe.

— Jason Raj McIntyre covers athletes off the field and runs the popular blog, *The Big Lead*.

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Jets: 3 things we learned

1 Strong start for Sanchez, but ...

There wasn't too much to rave about, but the performance of Mark Sanchez on Monday night was solid and encouraging. Against a revamped Texans defense, Sanchez went 6-of-7 for 43 yards in his two series and led the Jets to a Nick Folk field goal on their opening possession. So while Sanchez put up good numbers and spread the ball

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well, the team's red zone struggles continued.

2 Vlad Ducasse is just a dud

Perhaps the writing was on the wall earlier this preseason when the Jets re-signed Wayne Hunter to a four-year, \$13 million

contract. Hunter, who assumed the starting right tackle position late last year due to injury, was for all intents and purposes being named the starter with the new deal. That left last year's second-round pick, Vlad Ducasse, on the outside looking in and on Monday night, we saw why. Ducasse lacked any sharpness at all and constantly proved to be a vulnerability.

3 Jeff Cumberland shows strides

Last year, Jeff Cumberland showed in offseason team activities and minicamp that he had the potential to be a starter. The undrafted tight end out of Illinois was repeatedly moved from wide receiver to tight end in college. So, during his rookie year, Cumberland rarely played as he focused on settling in at tight end and learning the position. But now, Cumberland has shown that he can be a versatile pass catching tight end — an area of need opposite of Dustin Keller.

— KRISTIAN DYER

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Grant back on Giants defense

The Giants may be in transition on the offensive side of the ball but the one constant heading into this season will be their vaunted defense.

Adding even more firepower yesterday was the re-signing of versatile safety Deon Grant. The veteran played in every game last season and was one-third of the venerable three-headed safety rotation that also featured Antrel Rolle and Kenny Phillips. Many times, to great success, defensive coordinator Perry Fewell played all three at the same time.

Grant was welcomed

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10

The remarkably durable Grant has played in every game in all of his 10 seasons in the NFL. He's played with four different teams.

back with open arms and immediately stepped back on the practice field in the

afternoon session. No matter his role, Grant said it's "just good to be home" and is ready to get back to work.

"In the back of my mind, I knew I would be back here. This is where I wanted to be," Grant said. "There were a lot of situations that I turned down. I was glad that I was still on the [free agency] board and the Giants gave me that phone call."

Rolle, who started ahead of Grant last season, said he lobbied hard for his friend's return and said Grant's presence just makes an already deep Giants defense much scarier. **TONY WILLIAMS**



► Grant re-signed with the Giants yesterday.

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Will Train, Nr Subway, 880 Wdly
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Busy Office, Immediate Hire, No exp.
Will Train, Nr Subway, 880 Wdly
Comm - Call for appt 718-322-6101

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less for Tri-State area deliveries.
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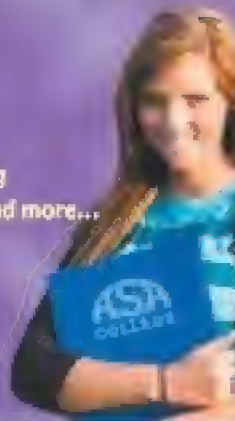
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Legal Notices

NOTICE IS HEREBY GIVEN,

PURSUANT TO LAW

that the NYC Dept. of Consumer Affairs will hold a Public Hearing on Wednesday, August 31, 2011 at 2:00 p.m., at 60 John Street, 11th floor, on a petition from Medical Enterprise LTD. to continue, to maintain, and operate an enclosed sidewalk cafe at 376 Third Avenue in the Borough of Manhattan, for a term of two years.

REGENTS FOR CONSUMERS OF THE PROPOSED RENOVATION, CONCEPT AGREEMENT MAY BE SUBMITTED TO DEPARTMENT OF CONSUMER AFFAIRS, 60 JOHN STREET, 11TH FLOOR, NEW YORK, NY 10004

NOTICE OF FORMATION

of Moodish Enterprises, LLC. Arts of Org. filed with Secy of State of NY (SSNY) on 07/19/2011. Office in NEW YORK County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 299 W. 12th Street, Ste. 7L, NY, NY 10014. Purpose: any lawful activity.

LEGAL NOTICE Notice is hereby given that a license, ATBA has been applied for by ATBA, Inc. d/b/a Seven-Teen Pizzeria to sell beer, wine, and liquor at retail in a restaurant. For an on-site consumption under the ABC law at 17 Cleveland Place New York, NY 10012.

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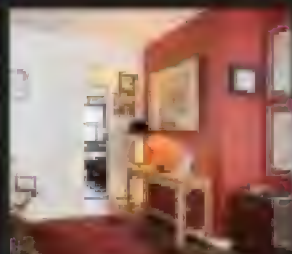
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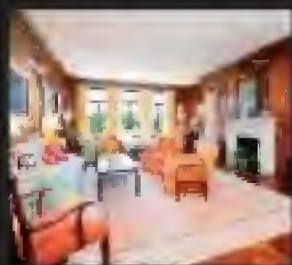


Market watch



CHEAPEST
\$235K

301 E. 63rd St.
The cheapest unit listed this week is a one-bedroom at 301 E. 63rd St. This 925-square-foot co-op in a doorman building, is listed by Heddings Property for \$235,000 — due in part to the \$4,033 monthly maintenance cost.



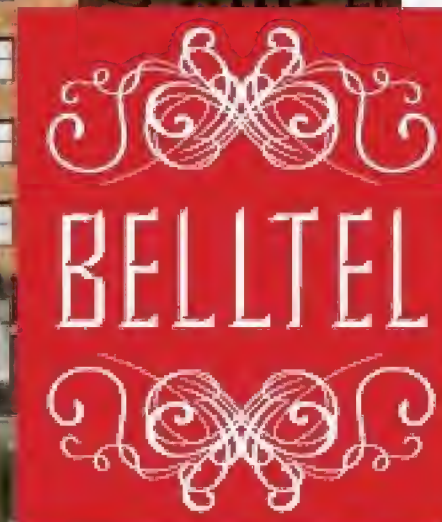
PRICIEST
\$14.7M

211 Central Park West
The most expensive property this week is a four-bedroom, four-bathroom co-op at The Beresford at 211 Central Park West. The property is co-listed by Stribling and Sotheby's for \$14.7M. It overlooks Central Park.

STREET EASY

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.

AT HOME WITH metro



BellTel Lofts

Constructed in 1929-1930 as the New York Telephone Company headquarters, BellTel Lofts is a 27-story condominium loft building located in the heart of Downtown Brooklyn's MetroTech Center. The architecture firm Beyer Blinder Belle, famous for its renovation and restoration of Grand Central Station, infused modern elements into the classic pre-war design when they converted it to luxury condominiums. The Art Deco style building was designated an individual landmark by the NYC Landmark Preservation Commission in 2004.

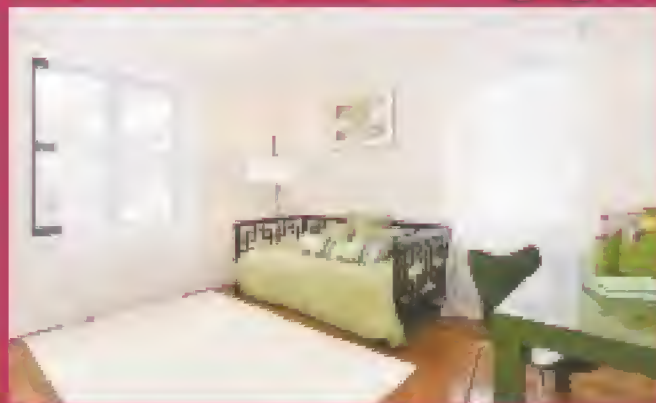
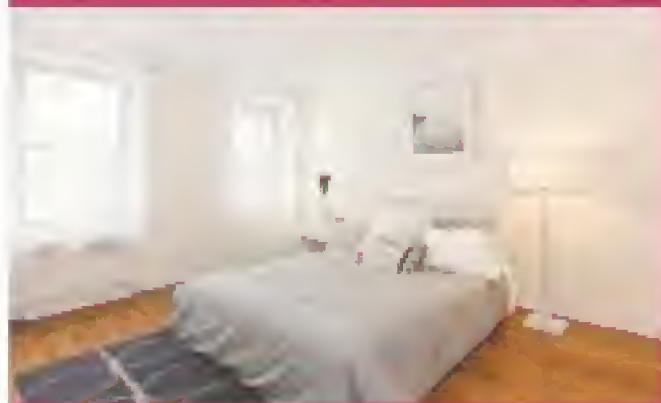
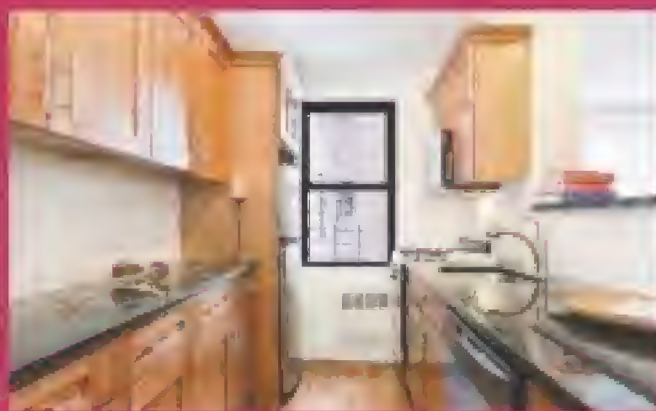
BellTel Lofts is the first high-end condominium in Downtown Brooklyn to receive FHA Approval through which purchasers can receive up to 96% financing on loans up to \$729,750, and they can apply for a 5% fixed rate, 30-year mortgage. Additionally, all BellTel Lofts homeowners benefit from the J-51 Tax Abatement designated to the building by the New York City Department of Housing Preservation and Development (HPD) for the complete rehabilitation and preservation of the building. This translates to no real estate taxes for 10 years for owners.

BellTel Lofts contains 250 luxury residential units, with sales starting at \$530,000. The sales team has just launched sales of The Penthouse Collection, with prices starting at \$850,000.

The sales team has just launched sales of The Penthouse Collection, with prices starting at \$850,000. For more information please call the Prudential Douglas Elliman onsite sales team - Mordy Werde, Michael Ettelson or Nishila Mustafa - at 718-596-2355, or visit www.belltellofts.com



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*Contracts must be signed by September 15, 2011. Transfer taxes are 1% of sale price for New York City and 0.4% for New York State. The complete offering terms are in an offering plan available from the sponsor. File # C840488.



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Property
updateDUMBO,
Boerum
Hill join
SoHo and
Tribeca as
NYC's
most
expensive

SoHo and Tribeca were the most expensive New York City neighborhoods in the second quarter of 2011, but DUMBO was a surprising fourth entry on the top-10 list, according to PropertyShark.com. DUMBO was ahead of many other Manhattan neighborhoods — such as the Upper East Side and the Upper West Sides, the West Village and Chelsea — with a median sale price of \$1.075 million. Brooklyn's Boerum Hill was also on the list at No. 10, with a medium sales price of \$801,000. SoHo was top at \$2.147 million, a 26 percent increase over its 2010 second-quarter price of \$1.7 million.

MIRANDA NEUBAUER

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.

THE REAL DEAL

Makeover ideas
for your bathroom

► Matt Muenster, a licensed contractor and the host of DIY Network's 'Bath Crashers,' shows you what to do

No longer simply a place to freshen up, the bathroom is taking on a new role as focal point, according to Matt Muenster, the host of "Bath Crashers" on DIY Network. So how can

you turn your (likely cramped) water closet into an all-out haven? Muenster gives the following tips.

MEREDITH ENGEL
meredith.engel@metro.us



► "Bath Crashers" with host Matt Muenster airs Mondays at 9 p.m. on DIY Network.

Don't
underestimate
a fresh paint job

"I think it's often overlooked," says Muenster. "You have to keep in mind [that] in a bathroom, just make it scrubbable. Take a risk with [color]. At the end of the day, if you don't like it realize it's just paint and it's in the smallest room in your house. You can try it again."



► Muenster transformed this bleak bathroom into a spa-like sanctuary.

► Create accent areas

"If you've got a back wall of tile in your shower-tub combo, you can take out just a few of them. There's a lot of techniques you can find online to remove a center section of that tile, like three tiles high by ten tiles wide, without damaging the adjacent tiles. Spend ten bucks a sheet on four sheets of really cool accent tiles and do a small tile job like that. You get some color in there without tearing down everything. That's a project you can do in a day."

► Let the light in

"Lighting is key. Hang a couple pendants above your vanity [and] bring in some colored glass there. Don't be afraid to do something bold. These are small rooms — even a small, bold blue will be perceived as something big."



► Go for a monolithic floor

"Go bigger than 12-by-12 [with floor tiles]. That floor's gonna feel more expansive." Bigger tiles also mean less grout to clean, Muenster says. "Install tiles as close to each other as you can. Do 1/8 inch [or] smaller."



► Choose the right mirror

If you have a large, unbecoming mirror, "take that down and buy a smaller-scale mirror." If you want to keep yours as is, at least get a nice frame — it's easier than you think! "There are kits where you can literally, with double-stick foam tape, apply a frame to one of those giant plate glass mirrors that looks like a wood frame. It adds a little bit of extra, layered detail."

► Match your finishes

"If you've got chrome faucets, have chrome towel bars. They feel like small things, but in a bathroom, there's some big impact there."

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The complete offering terms are in an offering plan available from sponsor. File #CD08-0648.

Douglas Elliman
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Manhattan rentals sizzle in heat wave

► Even as New Yorkers exit city en masse for vacations, residential leasing approaches boom-time highs

Quoted

"The rental market is going absolutely crazy."

"Rents are at an all-time, historic high."

BRUNO RICCIOTTI

he says, apartments are renting for higher prices than they did during the peak of the real estate boom.

For example, Bond last month rented a studio in a West Village prewar doorman building for \$3,100 per month, Ricciotti says. That's an increase from February 2009, when the same apartment had rented for \$2,200, and even from the summer of 2007, when it rented for \$2,950.

In some buildings, "rents are at an all-time, historic high," Ricciotti says.

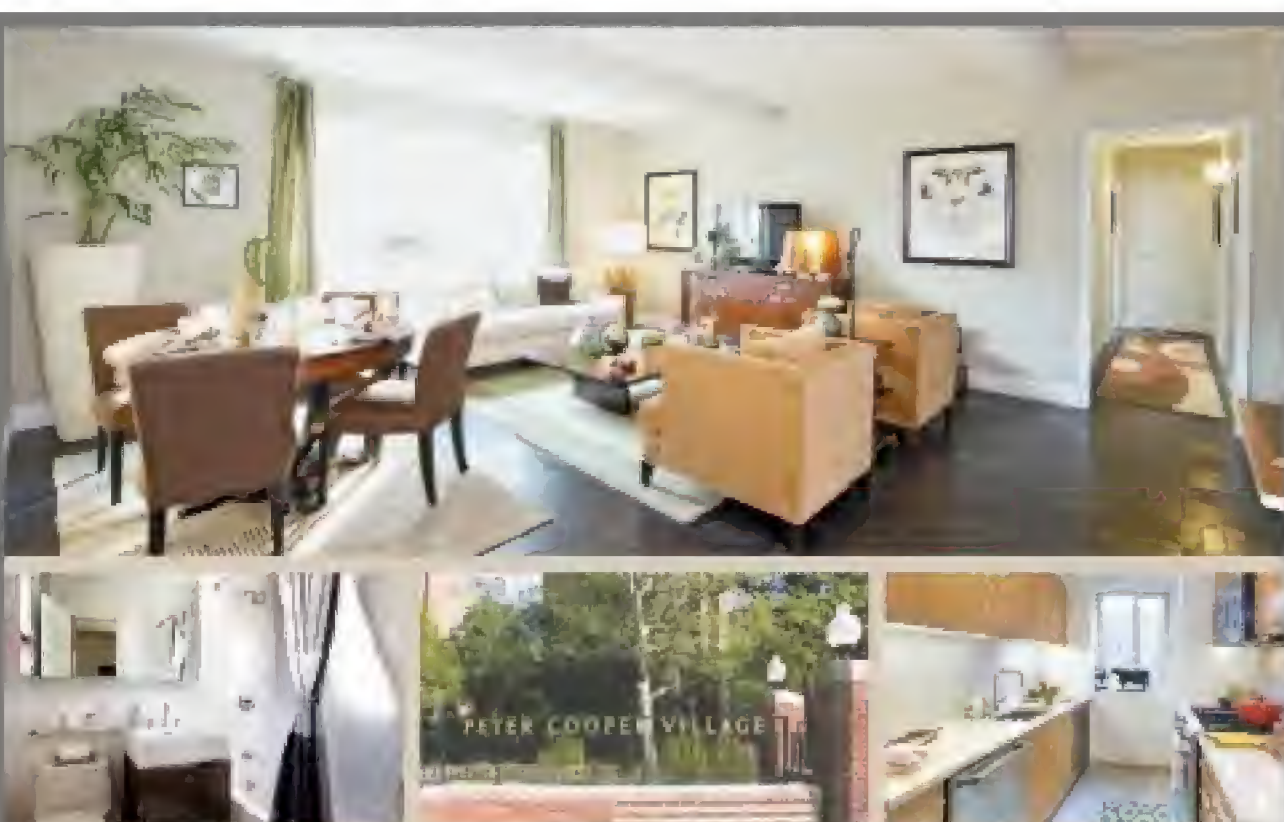
CANDACE TAYLOR/ THE REAL DEAL

monthly rent paid by Manhattan tenants grew to \$2,888 in the second quarter, up from \$2,700 in the prior-year quarter, according to a new report from Prudential Douglas Elliman.

"The rental market is going absolutely crazy," says Bruno Ricciotti, a principal at Bond New York Real Estate. In some desirable neighborhoods,

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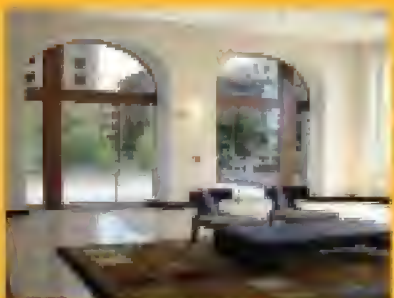
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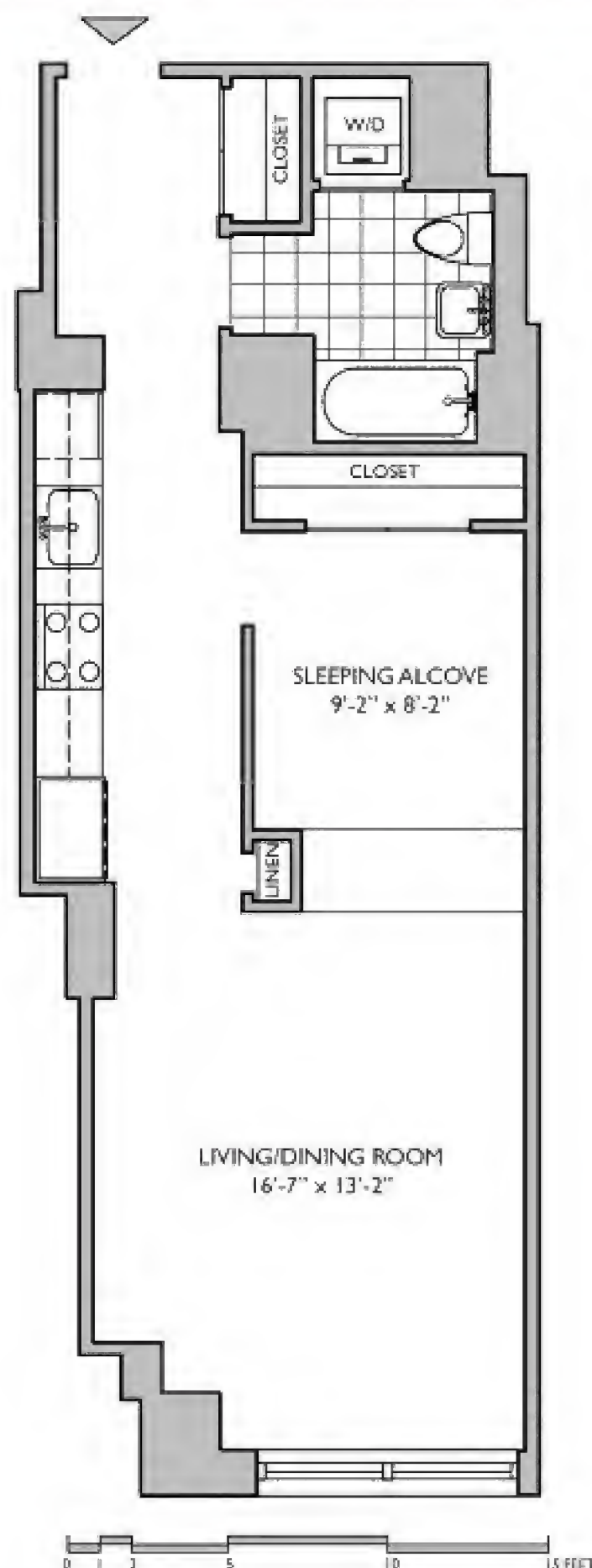
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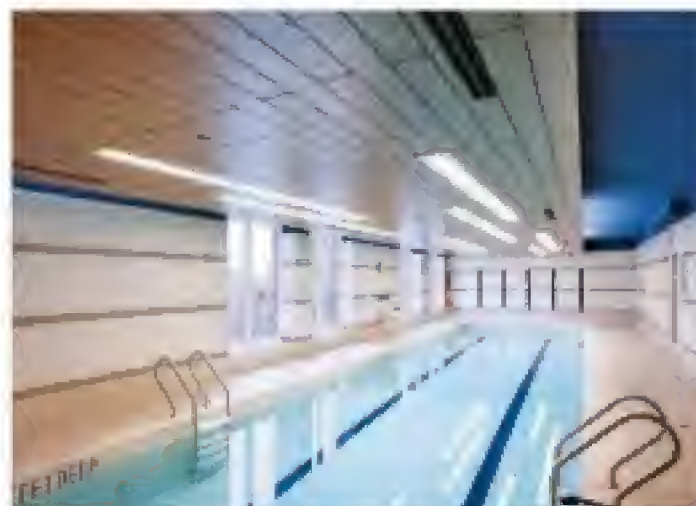
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